



U3A Roma - Term 4 - 2024



14th October - 22nd November

Monday		Tuesday		Wednesday		Thursday		Friday		Sat / Sun	
14 OCTOBER		15 meeting		16		17		18		19 / 20	
9	Mahjong	9	Combo Yoga	10.00	Water Aerobics	9	Yoga with Megan	8.30	B/F Conversations		
11.15	Exercise 4 Seniors	2	Facebook	1	Book Club	10.30	Folk Art	9.30	Table Tennis		
1.30	Indoor Bowls							10.00	Water Aerobics		
								2	Tai-Chi		
21		22		23		24		25		26 / 27	
9	Mahjong	9.30	Morning Tea Sconetime	10.00	Water Aerobics	9	Yoga with Megan	8.30	B/F Conversations	Social Outing Morven	
11.15	Exercise 4 Seniors					10.30	Folk Art	9.30	Table Tennis		
1.30	Indoor Bowls	2	Facebook					10.00	Water Aerobics		
								2	Tai-Chi		
28		29		30		31		01 NOVEMBER		02 / 03	
9	Mahjong	9	Combo Yoga	10.00	Water Aerobics	9	Yoga with Megan	8.30	B/F Conversations		
11.15	Exercise 4 Seniors	2	Facebook			10.30	Folk Art	9.30	Table Tennis		
1.30	Indoor Bowls							10.00	Water Aerobics		
								2	Tai-Chi		
04		05		06		07		08		09 / 10	
9	Mahjong	12	Melbourne Cup Lunch	10.00	Water Aerobics	9	Yoga with Megan	8.30	B/F Conversations		
11.15	Exercise 4 Seniors					10.30	Folk Art	9.30	Table Tennis		
1.30	Indoor Bowls							10.00	Water Aerobics		
								2	Tai-Chi		
11		12		13		14		15		16 / 17	
9	Mahjong	9	Combo Yoga	10.00	Water Aerobics	9	Yoga with Megan	8.30	B/F Conversations		
11.15	Exercise 4 Seniors	2	Facebook			10.30	Folk Art	9.30	Table Tennis		
1.30	Indoor Bowls							10.00	Water Aerobics		
								2	Tai-Chi		
18		19 meeting		20		21		22		23 / 24	
9	Mahjong	9	Combo Yoga	10.00	Water Aerobics	9	Yoga with Megan	8.30	B/F Conversations		
11.15	Exercise 4 Seniors	2	Facebook	1	Book Club	10.30	Folk Art	9.30	Table Tennis		
1.30	Indoor Bowls							10.00	Water Aerobics		
								2	Tai-Chi		

Social Outing : Bus trip to Morven - 7.30am

Christmas Lunch: Friday, 06 December 2024



THE UNIVERSITY OF THE THIRD AGE

Non U3A Activities

14th October - 22nd November



THE UNIVERSITY OF THE THIRD AGE

Monday	Tuesday	Wednesday	Thursday	Friday	Sat / Sun
14 OCTOBER	15	16	17	18	19 / 20
	9.30 Surat Music Morning \$10		1.15 CWA Cards		
	1.15 CWA Cards				
21	22	23	24	25	26 / 27
	9.30 Sconetime		1.15 CWA Cards		
	1.15 CWA Cards				
28	29	30	31	01 NOVEMBER	02 / 03
	1.15 CWA Cards		1.15 CWA Cards		
04	05	06	07	08	09 / 10
	10 Morning Melodies		1.15 CWA Cards		
	1.15 CWA Cards				
11	12	13	14	15	16 / 17
Coffee With a Cop	1.15 CWA Cards		1.15 CWA Cards		
18	19	20	21	22	23 / 24
	9.30 Surat Music Morning \$10		1.15 CWA Cards		
	1.15 CWA Cards				