

U3A Roma - Term 2 - 2024

AGM / Orientation Day - Tuesday, 16th April 2024

22nd April - 31st May 2024

MONDAY

| Time | Class / Activity | Occurrence | Venue |
|---------------|----------------------|------------|-----------------|
| 9.00 - 12N | Mahjong | Ongoing | Senior Citizens |
| 11.15 - 12.15 | Exercise For Seniors | Ongoing | Snap Fitness |
| 1.30 - 3.00 | Indoor Bowls | Ongoing | Senior Citizens |

TUESDAY

| Time | Class / Activity | Occurrence | Venue |
|--------------|------------------|--------------------------------|-----------------|
| 9.00 - 10.00 | Combination Yoga | Apr: 30 May: 07, 14, 21 | Senior Citizens |
| 1.00 - 2.00 | Computer Club | Apr: 23, 30 May: 07, 14, 28 | Roma Library |

WEDNESDAY

| Time | Class / Activity | Occurrence | Venue |
|-------------|------------------|---------------------|-----------------|
| 10.00-11.00 | Water Aerobics | Ongoing | Roma Pool |
| 1.00-2.00 | Book Club | Every 3rd Wed Month | Senior Citizens |

THURSDAY

| Time | Class / Activity | Occurrence | Venue |
|--------------|------------------|--|------------------------------|
| 9.00 - 10.00 | Yoga with Megan | April: 25 May: 02, 09, 16, 23, 30 June: 06, 13 | Senior Citizens |
| 10.30-2.00 | Folk Art | Ongoing | Studio 5 Roma Arts Centre |

FRIDAY

| Time | Class / Activity | Occurrence | Venue |
|-------------|----------------------------------|------------|-----------------|
| 8.30-9.30 | Breakfast Conversations | Ongoing | Club Hotel |
| 9.30-11.00 | Table Tennis - Singles / Doubles | Ongoing | Senior Citizens |
| 10.00-11.00 | Water Aerobics | Ongoing | Roma Pool |
| 2.00-3.00 | Tai-Chi | Ongoing | Senior Citizens |

MORNING TEA: 23 April

9.30 **Sconetime: Roma Gun Club**
155 Geoghegan Rd, Roma QLD 4455

SOCIAL OUTING: 01 May

9.30 **Up The Creek Garage**
14 George St, Roma

U3A LUNCH: 21 May

12Noon **Queens Arms Hotel**
88 McDowall St, Roma QLD 4455

MORNING TEA: 28 May

9.30 **Sconetime: Roma Gun Club**
155 Geoghegan Rd, Roma QLD 4455

TRIVIA MORNING: 29 May

9.30 **Senior Citizens Centre**
53 Bungil St, Roma