

U3A Roma - Term 2 - 2024





Monday	Monday Tuesday		Wednesday		Thursday		Friday		Sat / Sun
22 April	23		24		25		26		27 / 28
9 Mahjong	9.30	Sconetime	10.30	Water Aerobics	9	Yoga with Megan	8.30	B/F Conversations	
11.15 Exercise 4 Seniors	9.30	Morning Tea			10.30	Folk Art	9.30	Table Tennis (S/D)	
1.30 Indoor Bowls	1	Computer Club			1	CWA Cards	10.00	Water Aerobics	
							2	Tai-Chi	
29	30		01 May		02		03		04 / 05
9 Mahjong	9	Combo Yoga	9.30	Social Outing	9	Yoga with Megan		B/F Conversations	
11.15 Exercise 4 Seniors	1	Computer Club	10.30	Water Aerobics	10.30			Table Tennis (S/D)	
1.30 Indoor Bowls					1	CWA Cards	10.00	Water Aerobics	
							2	Tai-Chi	
06		07		08		09		10	11 / 12
9 Mahjong	9	Combo Yoga	10.30	Water Aerobics	9	Yoga with Megan		B/F Conversations	
11.15 Exercise 4 Seniors	10	Morning Melodies			10.30			Table Tennis (S/D)	
1.30 Indoor Bowls	1	Computer Club			1	CWA Cards		Water Aerobics	
							2	Tai-Chi	
13	14		15		16		17		18 / 19
Coffee With a Cop	9	Combo Yoga	10.30		9	Yoga with Megan		B/F Conversations	
9 Mahjong	1	Computer Club	1	Book Club	10.30	Folk Art		Table Tennis (S/D)	
11.15 Exercise 4 Seniors					1	CWA Cards		Water Aerobics	
1.30 Indoor Bowls							2	Tai-Chi	
20		21		22		23		24	25 / 26
9 Mahjong	9	Combo Yoga	10.30	Water Aerobics	9	Yoga with Megan		B/F Conversations	
11.15 Exercise 4 Seniors	12N	U3A Lunch			10.30	Folk Art		Table Tennis (S/D)	
1.30 Indoor Bowls					1	CWA Cards		Water Aerobics	
							2	Tai-Chi	
27	28		29		30		31		
9 Mahjong	9.30	Sconetime		Trivia Morning	9	Yoga with Megan		B/F Conversations	
11.15 Exercise 4 Seniors	7.00	Morning Tea	10.30	Water Aerobics	10.30			Table Tennis (S/D)	
1.30 Indoor Bowls	1	Computer Club			1	CWA Cards		Water Aerobics	
							2	Tai-Chi	
		ctivities							